Proudly Presents

COURSE

HAPPY CHI...HAPPY BLOOD...HAPPY BRAIN
WITH KINESIOLOGY TECHNIQUES

DATES
Friday 15/5/15 or Saturday 10/10/15

TIMES
9:00 am – 5:00 pm (Please arrive at 8:45 am)

FEES
$225

Pre-requisites
NIL

Course Description
This course explores how to use kinesiology techniques, including specific head and foot reflex points to improve circulation and the many associated health issues.

Applying these quick procedures can improve brain clarity, concentration, balance and co-ordination issues and help reduce stress, hyperactivity and pain (including phantom pain!)

The theoretical component will provide a brief overview of what Kinesiology is and how it works. Muscle testing is not taught in this course.

The practical component of the course includes giving and receiving Neurovascular & Gait Reflex Points and the Tibetan 8. These powerful

Your Facilitator
Your facilitator is Christine Ammann, an AKA, ATMS and BTA registered Specialised Kinesiology & Bowen Practitioner. Christine has been providing Kinesiology, Bowen, NLP & CST consultations for more than 15 years and currently consults from Physio Solutions in Brighton, SA. She has studied many different Kinesiology modalities in Australia and Europe, has developed her own ‘Dynamic Kinesiology’ modality and delivered her seminars and presentations at the RAH amongst other professional organisations.

Equipment You Are Required To Bring
- 1 Single flat sheet
- Bottle of drinking water
- Notepad and pen

Bank Account Details:
Bank: ANZ
Account Name: Training Austral Asia Pty Ltd
BSB Number: 015-257
Account Number: 3872 72966
Reference: Name + Course Name

Please wear comfortable clothing and closed shoes (e.g. Gym shorts, track pants, t-shirt, sneakers etc.)

Payment is required 2 weeks prior to course commencement.
NHA Australia’s ‘Natural Health Academy’ is easily accessible via bus:
Stop 8, South Road (Stop codes 13115 and 13120)

The following routes service these stops:
- B10
- B10C
- B10X
- B12

There is ample parking available on site (CCF – Civil Train Car Park), additional parking is available at the Thebarton Community Centre which is just a short stroll from NHAA - refer to map above.

CCF also has a large cafeteria; however it is not currently open on Sunday so we suggest that you bring your own lunch.

If you prefer, there is a hotel just down the road where you will be able to purchase counter meals, or Henley Beach Road is just a short drive away where you can find many cafes and places to purchase lunch.

If you have any queries please contact us via email at admin@nhaa.edu.au or you can call us directly on (08) 8351 8507.

Please keep an eye on our websites for any course updates.